



SKATE CANADA  
NEWFOUNDLAND & LABRADOR

**Provincial Skating Championships**  
**February 15-17, 2019**  
**Gander, NL**

<b>Friday, February 15, 2019</b>	
3:00 - 3:30	Star 5 Under 10 Women
<i>(1 warm up)</i>	
3:30 - 4:55	Star 9 Women
<i>(2 warm ups)</i>	
4:55 - 6:35	Star 7 Women
<i>(3 warm ups)</i>	
<b>6:35 - 6:50</b>	<b>FLOOD</b>
6:50 - 7:25	Pre-Juvenile Under 11 Women
<i>(1 warm up)</i>	
7:25 - 9:05	Star 5 Over 13 Women
<i>(2 warm up)</i>	
<b>Saturday, February 16, 2019</b>	
8:00 - 8:10	Pre-Juvenile Pair
<i>(1 warm up)</i>	
8:10 - 9:00	Juvenile Under 14 Women
<i>(2 warm ups)</i>	
9:00 - 9:15	Star 4/5 Dance
9:15 - 9:30	Juvenile Pattern Dance
9:30 - 9:45	Pre Novice Pattern Dance
9:45 - 11:05	Star 5 Under 13 Women
<i>(2 warm ups)</i>	
<b>11:05 - 11:20</b>	<b>FLOOD</b>
11:20 - 1:10	Star 6 Women
<i>(3 warm ups)</i>	
1:10 - 1:25	Star 5 Under 10 Men
<i>(1 warm up)</i>	Star 5 Under 13 Men
1:25 - 2:15	Star 10 Women
<i>(1 warm up)</i>	
<b>2:15 - 2:30</b>	<b>FLOOD</b>
2:30 - 2:55	Special Olympics Level 2
<i>(1 warm up)</i>	
2:55 - 4:45	Star 8 Women
<i>(3 warm ups)</i>	Star 8 Men

4:45 - 5:15	Star 6 Men
<i>(1 warm up)</i>	
5:15 - 5:40	Juvenile Under 12 Women
<i>(1 warm up)</i>	
<b>5:40 - 5:55</b>	<b>FLOOD</b>
5:55 - 7:05	Pre-Juvenile Under 13 Women
<i>(2 warm ups)</i>	
7:05 - 7:50	Pre-Novice Women Short
<i>(2 warm ups)</i>	
7:50 - 8:20	Novice Women Short
<i>(1 warm up)</i>	
8:20 - 8:55	Adult Silver Singles
<i>(1 warm up)</i>	Adult Gold Singles
	Adult Master Elite Singles
<b>Sunday, February 17, 2019</b>	
8:00 - 8:10	Juvenile Free Dance
<i>(1 warm up)</i>	
8:10 - 8:20	Pre-Novice Free Dance
<i>(1 warm up)</i>	
8:20 - 9:25	Pre-Novice Women Free Program
<i>(2 warm ups)</i>	
9:25 - 9:50	Gold Women
<i>(1 warm up)</i>	
9:50 - 10:20	Novice Women Free Program
<i>(1 warm up)</i>	
10:20 - 11:40	Star 4 Under 10 Women
<i>(2 warm ups)</i>	
<b>11:40 - 11:55</b>	<b>FLOOD</b>
11:55 - 1:35	Star 4 Under 13 Women
<i>(3 warm ups)</i>	Star 4 Under 13 Boy
1:35 - 3:15	Star 4 Over 13 Women
<i>(3 warm ups)</i>	